

***Curriculum Vitae***  
**AMIT BERNSTEIN, Ph.D.**

Department of Psychology  
University of Haifa  
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**EDUCATION**

Postdoctoral Fellow, Department of Psychiatry and Behavioral Sciences at Stanford University School of Medicine & Center for Health Care Evaluation at the Veterans Affairs Palo Alto Health Care System, 2007- 2008  
Ph.D., The University of Vermont, Clinical Psychology (APA-Accredited), 2007  
Clinical Psychology Internship (APA-Accredited), Veterans Affairs Palo Alto Health Care System, 2007  
B.A., University of Wisconsin-Madison, Psychology, 1998

**ACADEMIC APPOINTMENTS**

Department of Psychology, University of Haifa  
Senior Lecturer, October 2008 – present

**PROFESSIONAL POSITIONS**

Director, International Research Collaborative on Anxiety, University of Haifa

**PROFESSIONAL AFFILIATIONS**

Association for Psychological Science (APS)  
American Psychological Association (APA)  
APA Division 12 – Society of Clinical Psychology  
APA Division 12 Section III – Society for a Science of Clinical Psychology (SSCP)  
Anxiety Disorders Association of America (ADAA)  
Association for Behavioral and Cognitive Therapies (ABCT)  
Society for Research on Nicotine and Tobacco (SRNT)  
Ofakim

**HONORS & AWARDS**

APA Division 12 Society for Clinical Psychology Distinguished Student Research Award, 2007  
University of Vermont Graduate Student Advisory Council Grant, 2003  
B.A. with Honors and Distinction, UW-Madison, 1998  
Phi Beta Kappa, 1998  
Honor Society of Phi Kappa Phi, 1997  
Psi Chi Honor Society, 1996-1998  
Golden Key National Honor Society, 1996  
Phi Eta Sigma National Honor's Society, 1995  
Dean's Honor List, 1994-1998

**TRAINING FELLOWSHIPS**

Devereux Institute of Clinical Training and Research Fellowship (\$16,000), 1998-1999  
UW-Madison Hilldale Undergraduate-Faculty Research Fellowship (\$3,000), 1998  
UW-Madison Sophomore Honors Apprenticeship and Research Grant (\$1,200), 1996

## **GRANT SUPPORT**

### **Funded Proposals**

Funding Source: European Union FP-7 – People – Marie Curie International Reintegration Grant (IRG)

Title: Posttraumatic Stress Disorder and Smoking

Role: Principal Investigator

Status: Funded

Amount of Award: 100,000€ (Euros)

Funding Period: 5/09-4/13

Funding Source: Veterans Affairs Health Services Research and Development: Career Development Award-II

Title: PTSD and SUD Treatment: Outcomes and Explanatory Mechanisms

Role: Principal Investigator [Mentors: Keith Humphreys, Ph.D., & Rudolf Moos, Ph.D.]

Amount of Award: Approximately \$454,745 over 5 years

Status: Declined by PI [due to university appointment at University of Haifa]

Funding Source: Vermont Conference on the Primary Prevention of Psychopathology

Title: Prevention of Posttraumatic Stress and Panic Psychopathology

Role: Co-Investigator [Principal Investigator: Anka Vujanovic; Faculty Mentor: Michael J. Zvolensky, Ph.D.]

Status: Funded [data collection ongoing]

Amount of Award: \$10,000

Funding Period: 4/07 – 4/09

Funding Source: National Institute of Mental Health: Pre-Doctoral National Research Service Award (NRSA: 5F31MH73205-2)

Title: Anxiety Sensitivity Taxon and Panic Vulnerability

Role: Principal Investigator [Faculty Mentor: Michael J. Zvolensky, Ph.D.]

Status: Completed

Amount of Award: \$75,018

Funding Period: 9/04 – 9/06

### **Submitted Proposals**

Funding Source: Israel Science Foundation: Individual Research Grant

Title: Posttraumatic Stress Disorder and Smoking Cessation: Prospective Outcomes and Explanatory Mechanisms

Role: Principal Investigator

Status: Under review

Funding Source: Israel Science Foundation: New Faculty Equipment Grant

Title: Experimental Psychopathology Research Laboratory Equipment

Role: Principal Investigator

Status: Under review

Funding Source: National Institute of Drug Abuse: Pre-Doctoral National Research Service Award (NRSA)

Title: Anxiety Vulnerability and Smoking Cessation

Role: Training Consultant [PI: Kirsten Johnson; Faculty Mentor: Michael J. Zvolensky, Ph.D.]

Status: Under review

Funding Source: National Institute of Drug Abuse: R01

Title: Exercise and Smoking Cessation

Role: Consulting Co-Investigator [PIs: Jasper Smits, Ph.D., Michael Zvolensky, Ph.D.]

Status: Under review

Funding Source: National Institute of Drug Abuse: R01  
Title: Marijuana and Anxiety Sensitivity  
Role: Consulting Co-Investigator [PI: Michael Zvolensky, Ph.D.]  
Status: Under review

### EDITORIAL & REVIEW ACTIVITIES

#### Guest Editor

*Addictive Behaviors* (2008)

Zvolensky, M. J., **Bernstein, A.**, & Marshall, E. C. (Eds.). Anxiety vulnerability factors and disorders and tobacco and marijuana use and disorders: Emerging theory and research explicating their relations. [Special Issue].

*Cognitive Behaviour Therapy* (2008)

Vujanovic, A. A., Zvolensky, M. J., & **Bernstein, A.** (Eds.). Posttraumatic Stress and Panic Psychopathology: Research Advances and Future Directions [Special Issue].

#### Ad Hoc Reviews: Journals

*Cognitive Therapy and Research* (2006-2008)

*Behavior Research and Therapy* (2003, 2007)

*Psychological Assessment* (2003, 2005, 2007)

*Journal of Abnormal Psychology* (2004, 2007)

*Journal of Anxiety Disorders* (2004, 2007)

*Clinical Psychology Review* (2004)

*American Journal of Epidemiology* (2004)

*Behavior Therapy* (2003-2004, 2006)

*Journal of Personality* (2005)

*Psychology of Addictive Behaviors* (2006)

*Behavior Modification* (2006)

*Journal of Behavior Therapy & Experimental Psychiatry* (2006)

*Depression and Anxiety* (2007)

*Addictive Behaviors* (2008)

*Addiction* (2008)

*Nicotine and Tobacco Research* (2008)

*Journal of Social and Clinical Psychology* (2008)

#### Ad Hoc Reviews: Books

*Comorbidity of Anxiety and Substance Use Disorder* (Springer) (2005)

### PUBLICATIONS

#### Journal Articles & Book Chapters (in reverse chronological order)

67. Zvolensky, M. J., Marshall, E. C., Johnson, K., Hogan, J., **Bernstein, A.**, & Bonn-Miller, M. O. (in press). Relations between anxiety sensitivity, distress tolerance, and fear reactivity to bodily sensations to coping and conformity marijuana use motives among young adult marijuana users. *Experimental and Clinical Psychopharmacology*.
66. Zvolensky, M. J., Bonn-Miller, M. O., Leyro, T., Johnson, K., & **Bernstein, A.** (in press). Marijuana: An overview of the empirical literature. In B. Johnson (Ed.), *Addictive Disorders and Substance Abuse*. New York: Springer.
65. **Bernstein, A.**, Zvolensky, M. J., Vujanovic, A. A., & Moos, R. (in press). Integrating Anxiety sensitivity, distress tolerance, and discomfort intolerance: A hierarchical model of affect sensitivity and tolerance. *Behavior Therapy*.

64. Zvolensky, M. J., Strong, D., **Bernstein, A.**, Vujanovic, A. A., & Marshall, E. C. (in press). Evaluation of anxiety sensitivity among daily smokers using Item Response Theory analysis. *Journal of Anxiety Disorders*.
63. Bonn-Miller, M. O., Zvolensky, M. J., & **Bernstein, A.** (in press). Discomfort intolerance: Evaluation of incremental validity for panic-relevant symptoms using 10% carbon dioxide-enriched air provocation. *Journal of Anxiety Disorders*.
62. Asmundson, G. J. G., Hadjistavropoulos, T., **Bernstein, A.** & Zvolensky, M. J. (in press). Latent structure of fear of pain: An empirical test among a sample of community dwelling older adults. *European Journal of Pain*.
61. **Bernstein, A.**, Zvolensky, M. J., Marshall, E. C., & Schmidt, N. B. (in press). Laboratory test of a novel structural model of anxiety sensitivity and panic vulnerability. *Behavior Therapy*.
60. Zvolensky, M. J., **Bernstein, A.**, & Johnson, K. (in press). Empirical approaches to the study and classification of anxiety psychopathology. In D. McKay, J. Abramowitz, S. Taylor., & G. Asmundson (Eds.), *Current perspectives on the anxiety disorders: Implications for the DSM-V and beyond*. New York: Springer.
59. **Bernstein, A.**, Zvolensky, M. J., Sandin, B., Chorot, P., & Stickle, T. R. (in press). Body vigilance: Binational examination of the construct. *Depression and Anxiety*.
58. Bonn-Miller, M. O., Zvolensky, M. J., Marshall, E. C., & **Bernstein, A.** (in press). Incremental validity of anxiety sensitivity in relation to marijuana withdrawal symptoms. *Addictive Behaviors*.
57. Marshall, E. C., Zvolensky, M. J., Sachs-Ericsson, N., Schmidt, N. B., & **Bernstein, A.** (in press). Panic attacks and physical health problems in a representative sample: Singular and interactive associations with psychological problems, and interpersonal and physical disability. *Journal of Anxiety Disorders*.
56. Bonn-Miller, M. O., Zvolensky, M. J., **Bernstein, A.**, & Stickle, T. R. (in press). Marijuana coping motives interact with marijuana use frequency to predict anxious arousal, panic related catastrophic thinking, and worry among current marijuana users. *Depression and Anxiety*.
55. Vujanovic, A. A., Zvolensky, M. J., & **Bernstein, A.** (2008). The interactive effects of anxiety sensitivity and emotion dysregulation in predicting anxiety-related cognitive and affective symptoms. *Cognitive Therapy and Research*, 32, 803-817.
54. Zvolensky, M. J., Yartz, A. R., Gregor, K., Gonzales, A., & **Bernstein, A.** (2008). Interoceptive exposure-based cessation intervention for smokers high in anxiety sensitivity: A case series. *Journal of Cognitive Psychotherapy*, 22, 346-365.
53. Zvolensky, M. J., Gonzalez, A., Bonn-Miller, M. O., **Bernstein, A.**, & Goodwin, R. D. (2008). Negative reinforcement/negative affect reduction cigarette smoking outcome expectancies: Incremental validity for anxiety focused on bodily sensations and panic attack symptoms among daily smokers. *Experimental and Clinical Psychopharmacology*, 16, 66-76.
52. Zvolensky, M. J., **Bernstein, A.**, Marshall, E. C. (2008). Anxiety vulnerability factors and disorders and tobacco and marijuana use and disorders: Emerging theory and research explicating their relations [Introduction to the special issue]. *Addictive Behaviors*, 33, 1383-1384.
51. **Bernstein, A.**, Trafton, J., Ilgen, M., & Zvolensky, M. J. (2008). An evaluation of the role of smoking context on a biobehavioral index of distress tolerance. *Addictive Behaviors*, 33, 1409-1415.

50. Marshall, E. C., Zvolensky, M. J., Vujanovic, A. A., Gibson, L. E., Gregor, K., & **Bernstein, A.** (2008). Evaluation of smoking characteristics among community-recruited daily smokers with and without posttraumatic stress disorder and panic psychopathology. *Journal of Anxiety Disorders*, 22, 1214-1226.
49. Zvolensky, M. J., Gibson, L. E., Vujanovic, A. A., Gregor, K., **Bernstein, A.**, Kahler, C., Lejuez, C. W., Brown, R. A., & Feldner, M. T. (2008). Impact of posttraumatic stress disorder on early smoking lapse and relapse during a self-guided quit attempt among community-recruited daily smokers. *Nicotine and Tobacco Research*, 10, 1415-1427.
48. Leyro, T. M., Zvolensky, M. J., Vujanovic, A., & **Bernstein, A.** (2008). Anxiety sensitivity and smoking motives and outcome expectancies among adult daily smokers: Replication and extension. *Nicotine and Tobacco Research*, 10, 985-994.
47. Gregor, K. G., Zvolensky, M. J., McLeish, A., **Bernstein, A.**, & Morissette, S. B. (2008). Anxiety sensitivity and perceived control over anxiety-related events: Associations with smoking outcome expectancies and perceived cessation barriers among daily smokers. *Nicotine and Tobacco Research*, 10, 627-635.
46. Zvolensky, M. J., **Bernstein, A.**, Yartz, A. R., McLeish, A., & Feldner, M. T. (2008). Cognitive-behavioral treatment of comorbid panic psychopathology and tobacco use and dependence. In S. H. Stewart & P. Conrad (Eds.), *Comorbidity of anxiety and substance use disorder*. New York: Springer.
45. Vujanovic, A. A., Zvolensky, M. J., & **Bernstein, A.** (2008). Incremental associations between facets of anxiety sensitivity and posttraumatic stress and panic symptoms among trauma-exposed adults. *Cognitive Behaviour Therapy*, 37, 76-89.
44. Vujanovic, A. A., Zvolensky, M. J., & **Bernstein, A.** (2008). Posttraumatic stress and panic psychopathology: Clinical import, research advances, and future directions [Introduction to the special issue]. *Cognitive Behaviour Therapy*, 2, 63-65.
43. Zvolensky, M. J., Leyro, **Bernstein, A.**, Feldner, M. T., Yartz, A. R., Babson, K., & Bonn-Miller, M. (2008). Tobacco use and panic psychopathology: Current status and future directions (pp. 3-28). In M. J. Zvolensky & J. A. Smits (Eds.), *Anxiety in health behaviors and physical illness: Contemporary theory and research*. New York: Springer.
42. Zvolensky, M. J., Lewinsohn, P., **Bernstein, A.**, Schmidt, N. B., Buckner, J. D., Seeley, J., & Bonn-Miller, M. O. (2008). Prospective associations between cannabis use, abuse, and dependence and panic attacks and disorder. *Journal of Psychiatric Research*, 42, 1017-1023.
41. Yartz, A. R., Zvolensky, M. J., **Bernstein, A.**, Bonn-Miller, M. O., & Lejuez, C. W. (2008). Panic relevant predictability preferences: A laboratory test. *Journal of Abnormal Psychology*, 117, 242-246.
40. **Bernstein, A.**, & Zolensky, M. J., (2007). Anxiety sensitivity: Selective review of promising research and future directions. *Expert Review of Neurotherapeutics*, 7, 97-101.
39. Bonn-Miller, M. O., Vujanovic, A. A., Feldner, M. T., **Bernstein, A.**, & Zvolensky, M. J. (2007). Posttraumatic stress symptom severity predicts marijuana use coping motives among traumatic event-exposed marijuana users. *Journal of Traumatic Stress*, 20, 577-586.
38. Zvolensky, M. J., Vujanovic, A. A., Bonn-Miller, M. O., **Bernstein, A.**, Yartz, A. R., Gregor, K. L., McLeish, A. C., Marshall, E. C., & Gibson, L. E. (2007). Incremental validity of anxiety sensitivity in terms of motivation to quit, reasons for quitting, and barriers to quitting among community-recruited daily smokers. *Nicotine and Tobacco Research*, 9, 965-975.

37. **Bernstein, A.**, Zvolensky, M. J., Stewart, S. H., & Comeau, N. (2007). Taxometric and factor analytic models of anxiety sensitivity among youth: Exploring the latent structure of anxiety psychopathology vulnerability. *Behavior Therapy, 38*, 269-283.
36. Zvolensky, M. J., Vujanovic, A. A., **Bernstein, A.**, Bonn-Miller, M. O., Marshall, E. C., & Leyro, T. (2007). Marijuana use motives: A confirmatory test and evaluation among young adult marijuana users. *Addictive Behaviors, 32*, 3122-3130.
35. Vujanovic, A. A., Arrindell, W. A., **Bernstein, A.**, Norton, P. J., & Zvolensky, M. J. (2007). Sixteen-item Anxiety Sensitivity Index: Confirmatory factor analytic evidence, internal consistency, and construct validity in a young adult sample from The Netherlands. *Assessment, 14*, 129-143.
34. **Bernstein, A.**, Zvolensky, M. J., Schmidt, N. B., & Sachs-Ericsson, N. (2007). Developmental course(s) of lifetime cigarette use and panic attack comorbidity: An equifinal phenomenon? *Behavior Modification, 31*, 117-135.
33. Vujanovic, A. A., Zvolensky, M. J., **Bernstein, A.**, Feldner, M. T., & McLeish, A. C. (2007). A test of the interactive effects of anxiety sensitivity and mindfulness in the prediction of anxious arousal, agoraphobic cognitions, and body vigilance. *Behaviour Research and Therapy, 45*, 1393-1400.
32. Leen-Feldner, E. W., Zvolensky, M. J., van Lent, J., Vujanovic, A. A., Bleau, T., **Bernstein, A.**, Bielawski-Branch, A., & Feldner, M. T. (2007). Anxiety sensitivity moderates tobacco smoking in regard to panic attack symptoms and bodily complaints: A concurrent test among adolescents. *Journal of Psychopathology and Behavioral Assessment, 29*, 69-79.
31. Asmundson, G. J. G., Collimore, K. C., **Bernstein, A.**, Zvolensky, M. J., & Hadjistavropoulos, H. D. (2007). Is the latent structure of fear of pain continuous or discontinuous: A taxometric analysis of the Pain Anxiety Symptoms Scale. *The Journal of Pain, 8*, 387-395.
30. Bonn-Miller, M. O., **Bernstein, A.**, Sachs-Ericsson, N., Schmidt, N. B., & Zvolensky, M. J. (2007). Associations between psychedelic use, abuse, and dependence and lifetime panic attack history in a representative sample. *Journal of Anxiety Disorders, 21*, 730-741.
29. McKee, L., Zvolensky, M. J., Solomon, S. E., **Bernstein, A.**, & Leen-Feldner, E. W. (2007). Emotional vulnerability and mindfulness: Associations between negative affectivity, anxiety sensitivity, and mindfulness skills. *Cognitive Behaviour Therapy, 36*, 91-101.
28. Zvolensky, M. J., **Bernstein, A.**, Jurado, C. S., Colotla, V. A., Marshall, E. C., & Feldner, M. T. (2007). Anxiety sensitivity and early relapse to smoking: A test among Mexican daily, low-level smokers. *Nicotine and Tobacco Research, 9*, 483-491.
27. **Bernstein, A.**, Zvolensky, M. J., Norton, P. J., Schmidt, N. B., Taylor, S., Forsyth, J. P., Lewis, S. F., Feldner, M. T., Leen-Feldner, E. W., Stewart, S. H., & Cox, B. (2007). Taxometric and factor analytic models of anxiety sensitivity: Integrating approaches to latent structural research. *Psychological Assessment, 19*, 74-87.
26. Zvolensky, M. J., Forsyth, J. P., **Bernstein, A.**, & Leen-Feldner, E. W. (2007). A concurrent test of the anxiety sensitivity taxon: Its relation to bodily vigilance and perceptions of control over anxiety-related events in a sample of young adults. *Journal of Cognitive Psychotherapy, 21*, 72-90.

25. Gregor, K., Zvolensky, M. J., **Bernstein, A.**, Marshall, E. C., & Yartz, A. R. (2007). Smoking motives in the prediction of affective vulnerability among young adult daily smokers. *Behaviour Research and Therapy*, 45, 471-482.
24. Schmidt, N. B., Kotov, R., **Bernstein, A.**, Zvolensky, M. J., Joiner, T. E., & Lewinsohn, P. M. (2007). Mixed anxiety depression: Taxometric exploration of the validity of a diagnostic category in youth. *Journal of Affective Disorders*, 98, 83-89.
23. Feldner, M. T., Babson, K. A., Zvolensky, M. J., Vujanovic, A. A., Lewis, S. F., Gibson, L. E., Monson, C. M., & **Bernstein, A.** (2007). Posttraumatic stress symptoms and smoking to reduce negative affect: An investigation of trauma-exposed daily smokers. *Addictive Behaviors*, 32, 214-227.
22. Bonn-Miller, M. O., Zvolensky, M. J., & **Bernstein, A.** (2007). Marijuana use motives: Concurrent relations to frequency of past 30-day use and anxiety sensitivity among young adult marijuana smokers. *Addictive Behaviors*, 32, 49-62.
21. Zvolensky, M. J., Schmidt, N. B., **Bernstein, A.**, & Keough, M. E. (2006). Risk factor research and prevention programs for anxiety disorders: A translational research framework. *Behaviour Research and Therapy*, 44, 1219-1239.
20. **Bernstein, A.**, Zvolensky, M. J., Sachs-Ericsson, N., Schmidt, N. B., & Bonn-Miller, M. O. (2006). Associations between age of onset and lifetime history of panic attacks and alcohol use, abuse, and dependence in a representative sample. *Comprehensive Psychiatry*, 47, 342-349.
19. Zvolensky, M. J., Bonn-Miller, M. O., **Bernstein, A.**, & Marshall, E. C. (2006). Anxiety sensitivity and abstinence duration to smoking. *Journal of Mental Health*, 15, 659-670.
18. Zvolensky, M. J., Solomon, S. E., McLeish, A. C., Cassidy, D., **Bernstein, A.**, Bowman, C. J., & Yartz, A. R. (2006). Incremental validity of mindfulness-based attention in relation to the concurrent prediction of anxiety and depressive symptomatology and perceptions of health. *Cognitive Behaviour Therapy*, 35, 148-158.
17. Zvolensky, M. J., **Bernstein, A.**, Sachs-Ericsson, N., Schmidt, N. B., Buckner, J., & Bonn-Miller, M. O. (2006). Cannabis use, abuse, and dependence and panic attacks in a representative sample. *Journal of Psychiatric Research*, 40, 475-576.
16. **Bernstein, A.**, Zvolensky, M. J., Stewart, S. H., Comeau, S. H., & Leen-Feldner, E. W. (2006). Anxiety sensitivity taxonicity across gender among youth. *Behaviour Research and Therapy*, 44, 679-698.
15. McLeish, A. C., Zvolensky, M. J., Bonn-Miller, M. O., & **Bernstein, A.** (2006). Perceived health moderates the association between smoking rate and panic vulnerability variables among daily smokers. *Depression and Anxiety*, 23, 257-265.
14. Zvolensky, M. J., **Bernstein, A.**, Marshall, E. C., & Feldner, M. T. (2006). Panic attacks, panic disorder, and agoraphobia: Associations with substance use, abuse, and dependence. *Current Psychiatry Reports*, 8, 279-285.
13. **Bernstein, A.**, Zvolensky, M. J., Kotov, R., Arrindell, W. A., Taylor, S., Sandin, B., Cox, B. J., Stewart, S. H., Bouvard, M., Cardenas, S. J., Eifert, G. H., & Schmidt, N. B. (2006). Taxonicity of anxiety sensitivity: A multi-national analysis. *Journal of Anxiety Disorders*, 20, 1-22.
12. Zvolensky, M. J., Bonn-Miller, M. O., **Bernstein, A.**, McLeish, A., Feldner, M. T., & Leen-Feldner, E. W. (2006). Anxiety sensitivity interacts with marijuana use in the prediction of anxiety symptoms and

panic-related catastrophic thinking among daily tobacco users. *Behaviour Research and Therapy*, 44, 907-924.

11. **Bernstein, A.**, Leen-Feldner, E. W., Kotov, R., Schmidt, N. B., & Zvolensky, M. J. (2006). Test of a panic-relevant diathesis-stress model using a taxonic index of anxiety sensitivity. In A. J. Sanfelippo (Ed.), *Panic Disorders: New Research* (pp. 15-40). New York: Nova Science Publishers.
10. Vujanovic, A. A., Zvolensky, M. J., Gibson, L. E., Lynch, T. R., Leen-Feldner, E. W., Feldner, M. T., & **Bernstein, A.** (2006). Affect intensity: Association with anxious and fearful responding to bodily sensations. *Journal of Anxiety Disorders*, 20, 192-206.
9. Zvolensky, M. J., & **Bernstein, A.** (2005). Cigarette smoking and panic psychopathology. *Current Directions in Psychological Science*, 14, 301-305.
8. **Bernstein, A.**, Zvolensky, M. J., Feldner, M. T., Lewis, S. F., Fauber, A. L., Leen-Feldner, E. W., & Vujanovic, A. A. (2005). Anxiety sensitivity taxon and trauma: Discriminant associations for posttraumatic stress and panic symptomatology among young adults. *Depression and Anxiety*, 22, 138-149.
7. **Bernstein, A.**, Zvolensky, M. J., Feldner, M. T., Lewis, S. F., & Leen-Feldner, E. W. (2005). Anxiety sensitivity taxonicity: A concurrent test of cognitive vulnerability for posttraumatic stress symptomatology among young adults. *Cognitive Behaviour Therapy*, 34, 229-241.
6. Leen-Feldner, E. W., Feldner, M. T., **Bernstein, A.**, McCormick, J. T., & Zvolensky, M. J. (2005). Anxiety sensitivity and anxious responding to bodily sensations: A test among adolescents using a voluntary hyperventilation challenge. *Cognitive Therapy and Research*, 29, 593-609.
5. **Bernstein, A.**, Zvolensky, M. J., Weems, C., Stickle, T., & Leen-Feldner, E. (2005). Taxonicity of anxiety sensitivity: An empirical test among youth. *Behaviour Research and Therapy*, 43, 1131-1155.
4. Achenbach, T.M., **Bernstein, A.**, & Dumenci, L. (2005). DSM-oriented scales and statistically based syndromes for ages 18 to 59: Linking taxonomic paradigms to facilitate multitaxonomic approaches. *Journal of Personality Assessment*, 84, 49-63.
3. Achenbach, T.M., **Bernstein, A.**, & Dumenci, L. (2005). A snark or a boojum? Exploring multitaxonomic possibilities and building on Widiger's commentary. *Journal of Personality Assessment*, 84, 66-69.
2. **Bernstein, A.**, Newman, J.P., Wallace, J.F., & Luh, K.E. (2000). Left hemisphere activation and deficient response modulation in psychopaths. *Psychological Science*, 11, 414-418.
1. Brinkley, C.A., **Bernstein, A.**, & Newman, J.P. (1999). Conversational coherence of psychopathic and non-psychopathic criminal inmates' narratives. *Personality and Individual Differences*, 27, 519-530.

**Submitted Manuscripts** (in reverse chronological order)

1. Vujanovic, A. A., Bonn-Miller, M. O., **Bernstein, A.**, McKee, L. G., & Zvolensky, M. J. (2007). Incremental validity of mindfulness skills in relation to emotional dysregulation among a young adult community sample. Submitted for publication.
2. **Bernstein, A.**, & Zvolensky, M. J. (2009). Evidence-based treatment for substance use disorders: Behavioral and Cognitive-Behavioral approaches. In E. Schechtman-Gilboa et al. [Eds.], *Cognitive Behavior Therapy*. Submitted for publication. [Hebrew]

**Other Publications** (in reverse chronological order)

3. **Bernstein, A.** (2004). *Dismas House of Vermont Outcome Measurement Protocol and Manual: Measuring Efficacy of Post-Incarceration Rehabilitation*. Dismas House of Vermont.
2. Nelson, S.A., **Bernstein, A.**, Rossi, R., & Rothblum, E. (2003). Biological bases of gender differences in psychiatric disorders. *Contemporary Psychology*, 48, 340-342.
1. **Bernstein, A.**, & Burchard, J. (2002). *A Follow-Up Study of Juvenile Sexual Offenders*. Monograph for Office of Juvenile Justice and Delinquency Prevention & Vermont Social and Rehabilitation Services.

**CONFERENCE PRESENTATIONS & PUBLISHED ABSTRACTS** (in reverse chronological order)

52. Leyro, T. M., **Bernstein, A.**, Zvolensky, M. J., Vujanovic, A. A., & Moos, R. (2008, March). Integrating anxiety sensitivity, distress tolerance, and discomfort intolerance: A hierarchical model of affect sensitivity and tolerance. In E. Moses (Chair), *Experimental Psychopathology Approaches to the Role of Emotional Regulatory Processes in the Anxiety Disorders*. (Symposium accepted for presentation at the 42nd annual conference of the Association for Behavioral and Cognitive Therapies, Orlando, FL.)
51. Leyro, T. M., Gregor, K., Zvolensky, M., Yartz, A., Gonzalez, A., & **Bernstein, A.** (2008). Interoceptive Exposure-Based Cessation Intervention for Smokers High in Anxiety Sensitivity. In T. M. Leyro and M. E. Keough (Chairs), *Examining the Need for and Theory Behind Treatments for Co-morbid Anxiety and Substance Use Disorders*. (Symposium accepted for presentation at the 29th annual conference of the Anxiety Disorders Association of America, Santa Ana Pueblo, NM)
50. Johnson, K. A., Zvolensky, M. J., Yartz, A. R., Gregor, K., Leyro, T., Vujanovic, A., Bonn-Miller, M. O., **Bernstein, A.** (2008). Anxiety sensitivity treatment for smokers. In J. D. Buckner (Chair). In J. D. Buckner (Chair). *Addressing anxiety in psychosocial treatments for addiction: Implications for advancing the dissemination of CBT*. (Paper presented at the annual Association for Behavioral and Cognitive Therapies convention, Orlando, FL.)
49. Vujanovic, A. A., **Bernstein, A.**, & Zvolensky, M. J. (2007). Incremental test of mindfulness in relation to anxious arousal, body vigilance, and agoraphobic cognitions in a community sample [Abstract]. *Depression and Anxiety*, 24, 369-371.
48. Bonn-Miller, M. O., Zvolensky, M. J., **Bernstein, A.**, & Marshall, E. C. (2007). Marijuana coping motives as a predictor of challenge responding among non-tobacco users. In H. Barrett-Model (Chair), *Examining clinically relevant emotion regulation difficulties in the laboratory*. (Symposium presented at the 41st annual Association for Behavioral and Cognitive Therapies convention, Philadelphia, PA.)
47. Bonn-Miller, M. O., Zvolensky, M. J., Vujanovic, A.A., & **Bernstein, A.** (2007). *Motives for Marijuana Use: Possible Explanatory Mechanism for Comorbidity Between Marijuana Dependence and Anxiety Psychopathology*. In E. C. Marshall, & M. J. Zvolensky (Chairs), *How can basic research inform clinical perspectives on substance use and anxiety comorbidity?* (Symposium presented at the 41st annual Association for Behavioral and Cognitive Therapies convention, Philadelphia, PA.)
46. Gregor, K.L., Zvolensky, M.J., McLeish, A.C., & **Bernstein, A.** (2007). *Anxiety sensitivity and perceived control over anxiety-related events: Associations with smoking outcome expectancies and perceived cessation barriers among adult daily smokers*. In J. D. Buckner (Chair), *Distress Tolerance and Its Relation to Anxiety and Substance Use Pathology: Clinical Implications of Empirical Work*. (Symposium presented at the 41st annual Association for Behavioral and Cognitive Therapies convention, Philadelphia, PA.)

45. Zvolensky, M. J., **Bernstein, A.**, & Vujanovic, A. A. (2007). *Drug use as an affect regulation behavior: The example of smoking and panic psychopathology*. In T. B. Kashdan & D. S. Mennin (Chairs), Delineating emotion regulation processes in anxiety conditions. (Symposium presented at the 41st annual Association for Behavioral and Cognitive Therapies convention, Philadelphia, PA.)
44. Vujanovic, A. A., **Bernstein, A.**, Cardenas, S. J., Colotla, V. A., & Zvolensky, M. J. (2007). *Anxiety sensitivity and anxiety-related symptoms in Mexican young adults*. In M. T. Tull & L. Rucker (Chairs), New frontiers in research on emotion regulation: Extending current conceptualizations to diverse populations. (Symposium presented at the 41st annual Association for Behavioral and Cognitive Therapies convention, Philadelphia, PA.)
43. **Bernstein, A.**, & Vujanovic, A. A. (Chairs). (2007). *Affect Tolerance: Clinical Implications of Emerging Basic Research*. (Symposium presented at the 41st annual Association for Behavioral and Cognitive Therapies convention, Philadelphia, PA.)
42. Vujanovic, A. A., & **Bernstein, A.** (Chairs). (2007). *Anxiety sensitivity: Clinical implications of basic research*. (Symposium presented at the 41st annual Association for Behavioral and Cognitive Therapies convention, Philadelphia, PA.)
41. **Bernstein, A.**, Zvolensky, M. J., Marshall, E. C., & Schmidt, N. B. (2007, May). Anxiety sensitivity taxon hypothesis: A laboratory-based experimental psychopathology test of validity. In A. A. Vujanovic & A. Bernstein (Chairs), Anxiety sensitivity: Clinical implications of basic research. (Symposium presented at the 41st annual Association for Behavioral and Cognitive Therapies convention, Philadelphia, PA.)
40. **Bernstein, A.**, & Gregor, K. (Chairs). (2007). *Smoking and anxiety: Basic research and innovative clinical applications*. (Symposium presented at the 41st annual Association for Behavioral and Cognitive Therapies convention, Philadelphia, PA.)
39. Zvolensky, M. J., Yartz, A. R., Gregor, K., Leyro, T., Vujanovic, A., Marshall, E., Bonn-Miller, M. O., & **Bernstein, A.** (2007). *Anxiety sensitivity treatment for smokers*. In A. Bernstein & K. Gregor (Chairs), Smoking and anxiety: Basic research and innovative clinical applications. (Symposium presented at the 41st annual Association for Behavioral and Cognitive Therapies convention, Philadelphia, PA.)
38. Vujanovic, A. A., Zvolensky, M. J., Gibson, L. E., & **Bernstein, A.** (2006). *Posttraumatic stress symptom severity and panic-relevant responding to a laboratory challenge: The role of cognitive risk factors*. In A. A. Vujanovic & M. J. Zvolensky (Chairs), Comorbidity of posttraumatic stress disorder and panic: A translational perspective. (Symposium presented at the 40th annual Association for Behavioral and Cognitive Therapies convention, Chicago, IL.)
37. Zvolensky, M. J., **Bernstein, A.**, & Vujanovic, A. A. (2006). *Exploring Facets of Emotional Dysregulation in the Prediction of Panic Vulnerability in the Laboratory*. In T. B. Kashdan (Chair), Expanding the frontiers of anxiety and depression: Self-regulation, psychological flexibility, and positive experiences. (Symposium presented at the 40th annual Association for Behavioral and Cognitive Therapies convention, Chicago, IL.)
36. **Bernstein, A.**, & Zvolensky, M. J. (Chairs, 2006). *Emerging research on anxiety and anxiety vulnerability: Translational implications of latent structural research for clinical practice*. (Symposium presented at the 40<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.)
35. **Bernstein, A.**, Zvolensky, M. J., Stewart, S. H., & Comeau, N. (2006). *Integrating taxometric and factor analytic models of anxiety sensitivity: Translational implications of understanding the latent structure of anxiety psychopathology vulnerability*. In A. Bernstein & M. J. Zvolensky (Chairs), Emerging research on anxiety and anxiety vulnerability: Translational implications of latent structural research for clinical

practice. (Symposium presented at the 40<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.)

34. Gregor, K., Zvolensky, M. J., Bonn-Miller, M., **Bernstein, A.**, Marshall, E., & Hogan, J. (2006). *Anxiety sensitivity and early relapse to smoking*. (Poster presented at the 40th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.)
33. McKee, L. G., Vujanovic, A. A., Zvolensky, M. J., Solomon, S. E., **Bernstein, A.**, & Leen-Feldner, E. W. (2006, February). *Emotional-Vulnerability and Mindfulness: Associations between Negative Affectivity, Anxiety Sensitivity, and Mindfulness Skills*. (Poster presented at the 40th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.)
32. **Bernstein, A.**, Zvolensky, M. J., Schmidt, N. B., & Sachs-Ericsson, N. (2006). *Developmental Courses to Cigarette Use and Panic Attack Comorbidity: Translational Implications of Basic Research for Multifinality-Prevention Strategies*. (Poster presented at the 40<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.)
31. **Bernstein, A.**, Zvolensky, M. J., Jurado, C. S., Colotla, V. A., Marshall, E. C., & Feldner, M. T. (2006). *Anxiety Sensitivity and Early Smoking Relapse: Translational Implications for Specialized Smoking Cessation Interventions and Prevention of Panic Disorder*. (Poster presented at the 40<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.)
30. Marshall, E. C., **Bernstein, A.**, Zvolensky, M. J., Cardenas, S. J., Bonn-Miller, M., Youngwirth, N., & Lazo, O. (2006). *Does gender moderate panic attack and alcohol consumption relations? Refining our understanding to advance intervention and prevention*. (Poster presented at the 40th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.)
29. Vujanovic, A. A., **Bernstein, A.**, Bonn-Miller, M. O., McKee, L. G., & Zvolensky, M. J. (2006). *Incremental validity of mindfulness skills in predicting anxiety symptoms and panic-relevant responding to a laboratory challenge using carbon dioxide-enriched air*. (Poster presented at the 40th annual Association for Behavioral and Cognitive Therapies convention, Chicago, IL.)
28. Vujanovic, A. A., **Bernstein, A.**, Bonn-Miller, M. O., Zvolensky, M. J., & Gibson, L. E. (2006). *Mindfulness skills incrementally predict emotion regulation, emotional expression, and emotional processing in a community sample*. (Poster presented at the 40th annual Association for Behavioral and Cognitive Therapies convention, Chicago, IL.)
27. Vujanovic, A. A., **Bernstein, A.**, Hoffman, M., Cloyes, M., & Zvolensky, M. J. (2006). *Associations between post-traumatic stress symptom severity and emotion dysregulation, agoraphobic cognitions, and bodily discomfort following exposure to biological challenge*. (Poster presented at the 40th annual Association for Behavioral and Cognitive Therapies convention, Chicago, IL.)
26. Bonn-Miller, M. O., **Bernstein, A.**, Marshall, E. C., & Zvolensky, M. J. (2006). *Marijuana use coping motives moderates effects of marijuana use in relation to anxiety symptoms and panic-related catastrophic thinking*. (Poster presented at the 40th annual Association for Behavioral and Cognitive Therapies convention, Chicago, IL.)
25. Bonn-Miller, M. O., McKee, L. G., Vujanovic, A. A., **Bernstein, A.**, & Zvolensky, M. J. (2006). *Mindfulness interacts with marijuana use motives to predict frequency of marijuana use*. (Poster presented at the 40th annual Association for Behavioral and Cognitive Therapies convention, Chicago, IL.)

24. Vujanovic, A. A., **Bernstein, A.**, & Zvolensky, M. J. (2006). *Mindfulness as incremental predictor of anxious arousal, body vigilance, and anxiety control in a community sample*. (Poster presented at the 26th annual Anxiety Disorders Association of America convention, Miami, Florida.)
23. Bonn-Miller, M. O., **Bernstein, A.**, Straub, L., Marshall, E. C., Vujanovic, A. A., Babson, K., Zvolensky, M. J., & Zvolensky, H. (2006). *Marijuana use motives: Concurrent relations to frequency of past 30-day use and anxiety sensitivity among young adult marijuana smokers*. (Poster presented at the 26th annual Anxiety Disorders Association of America convention, Miami, FL.)
22. Yartz, A. R., Zvolensky, M. J., Solomon, S. E., McLeish, A. C., Cassidy, D., **Bernstein, A.**, & Bowman, C. J. (2006). *Incremental validity of mindfulness-based attention in relation to the concurrent prediction of anxiety and depressive symptomatology and perceptions of health*. (Poster presented at the 26th annual meeting of the Anxiety Disorders Association of America, Miami, FL.)
21. Yartz, A. R., Zvolensky, M. J., Bonn-Miller, M., **Bernstein, A.**, Lejuez, C., & McMahon, K. (2006). *Preference for predictable versus unpredictable administrations of 20% carbon dioxide-enriched air: Support for a safety signal hypothesis*. (Poster presented at the 26th annual meeting of the Anxiety Disorders Association of America, Miami, FL.)
20. Marshall, E. C., Zvolensky, M. J., Sachs-Ericsson, N., Schmidt, N. B., & **Bernstein, A.** (2006). *Panic attacks and physical health problems in a representative sample: Singular and interactive associations with psychological problems, and interpersonal and physical disability*. (Poster presented at the 26th annual meeting of the Anxiety Disorders Association of America, Miami, FL.)
19. Marshall, E. C., **Bernstein, A.**, Zvolensky, M. J., Cardenas, S. J., Hoffman, M., & Cloyes, M. (2006). *Current panic attacks and gender as predictors of rates of alcohol consumption*. (Poster presented at the 26th annual meeting of the Anxiety Disorders Association of America, Miami, FL.)
18. **Bernstein, A.**, Zvolensky, M. J., Sachs-Ericsson, N., Schmidt, N. B., Bonn-Miller, M. O. (2006). *Associations between age of onset and lifetime history of panic attacks and alcohol use, abuse, and dependence in a representative sample*. In K. L. Gregor (Chair), *Nature of Co-Occurrence Between Panic Psychopathology and Substance Use, Abuse, and Dependence: Current Empirical Findings from Epidemiological, Community, and Laboratory Studies* (Symposium presented at the 26<sup>th</sup> annual meeting of the Anxiety Disorders Association of America, Miami, Florida.)
17. Bonn-Miller, M. O., **Bernstein, A.**, Sachs-Ericsson, N., Schmidt, N. B., & Zvolensky, M. J. (2006). *Associations between psychedelic use, abuse, and dependence and lifetime panic attack history in a representative sample*. In K. L. Gregor (Chair), *Nature of co-occurrence between panic psychopathology and substance use, abuse, and dependence: current empirical findings from epidemiological, community, and laboratory studies*. (Symposium presented at the 26th annual meeting of the Anxiety Disorders Association of America, Miami, Florida.)
16. Vujanovic, A. A., Zvolensky, M. J., Bonn-Miller, M. O., **Bernstein, A.**, McLeish, A. C., Feldner M. T., & Leen-Feldner, E. W. (2006). *Anxiety sensitivity interacts with marijuana use in the prediction of anxiety symptoms and panic-related catastrophic thinking among daily tobacco users*. In K. L. Gregor (Chair), *Nature of co-occurrence between panic psychopathology and substance use, abuse, and dependence: current empirical findings from epidemiological, community, and laboratory studies*. (Symposium presented at the 26th annual meeting of the Anxiety Disorders Association of America, Miami, Florida.)
15. McLeish, A. C., Zvolensky, M. J., Bonn-Miller, M. O., & **Bernstein, A.** (2006). *Perceived health moderates the association between smoking rate and panic vulnerability variables among daily smokers*. In K. L. Gregor (Chair), *Nature of co-occurrence between panic psychopathology and substance use, abuse, and dependence: current empirical findings from epidemiological, community, and laboratory*

studies. (Symposium presented at the 26th annual meeting of the Anxiety Disorders Association of America, Miami, Florida.)

14. **Bernstein, A.**, Zvolensky, M. J., Cardenas, S. J., Colotla, V. A., Marshall, E. C., & Feldner, M. T. (2006). *Anxiety based affect intolerance and early smoking relapse*. (Paper presented at the 12<sup>th</sup> annual meeting of the Society for Research on Nicotine and Tobacco, Orlando, Florida.)
13. Lewis, S. A., Meltzer, A. L., Leen-Feldner, E. W., Feldner, M. T., Babson, K. A., Zvolensky, M. J., Vujanovic, A. A., Gibson, L. A., Monson, C. M., & **Bernstein, A.** (2005). *Cigarette smoking to reduce negative affect: An investigation of trauma-exposed daily smokers*. (Poster presented at the 39<sup>th</sup> annual Association for Advancement of Behavior Therapy convention, Washington D.C.)
12. Leen-Feldner, E. W., **Bernstein, A.**, Zvolensky, M. J., Feldner, M. T., Lewis, S. F. (2005). *Anxiety sensitivity taxon: A concurrent test of risk for posttraumatic stress symptomatology among young adults*. (Paper presentation, Symposium 75 *Refining Taxometric Approaches to Psychopathology: Construct Validation*, at 39<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, Washington DC.)
11. Zvolensky, M. J., & **Bernstein, A.** (2005). *Panic and nicotine dependence treatment*. In P. Conrod and S. H. Stewart (Chairs), *New approaches to the treatment of concurrent substance use and psychiatric disorders*. (Symposium presented at the 39<sup>th</sup> annual Association for Behavioral and Cognitive Therapies convention, Washington, DC.)
10. Vujanovic, A. A., Zvolensky, M. J., & **Bernstein, A.** (2005). *A test of the moderating role of mindful attention in the association between anxiety sensitivity and anxiety-relevant symptoms*. (In N. A. Miller (Chair), *Emotion regulation in affective disorders*. Symposium at the 39<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.)
9. Zvolensky, M. J., & **Bernstein, A.** (2005). *Tobacco use and panic disorder*. (Invited talk given to National Institute of Mental Health workgroup on tobacco use and psychiatric disorders, National Institutes of Health, Bethesda, Maryland.)
8. Yartz, A. R., Leen-Feldner E. W., Zvolensky, M. J., van Lent, J., Vujanovic, A. A., Bleau, T., **Bernstein, A.**, Bielawski-Branch, A., & Feldner, M. T. (2005). *Anxiety sensitivity moderates history of smoking in regard to panic attack symptoms and bodily complaints: A concurrent test among adolescents*. (Poster presented at 25<sup>th</sup> annual meeting of the Anxiety Disorders Association of America, Seattle, WA.)
7. Gibson, L. E., Zvolensky, M. J., Vujanovic, A., Feldner, M., **Bernstein, A.**, & McLeish, A. (2004). *Associations between PTSD symptoms and poor smoking cessation outcomes*. (Poster presented at the Annual Meeting of the International Society for Traumatic Stress Studies, New Orleans, Louisiana.)
6. **Bernstein, A.** (2004). *A multi-national taxometric analysis of anxiety sensitivity: The anxiety sensitivity taxon hypothesis*. (Poster presented at 1<sup>st</sup> Annual University of Vermont Department of Psychology Poster Session.)
5. **Bernstein, A.**, & Burchard, J. (2003). *A longitudinal study of recidivism by juvenile sex and non-sex offenders in Vermont*. (Poster presented at 16<sup>th</sup> Annual Systems of Care Research Conference, Tampa, Florida.)
4. LeBuffe, P., **Bernstein, A.**, & Steele, S. (2000). *The DECA: A new standardized assessment of preschoolers' protective factors*. (Paper presented at Mini-Skills Workshop at the National Association of School Psychologists Conference, New Orleans, Louisiana.)

3. Steele, S., & **Bernstein, A.** (1999). *The therapeutic alliance and the predictors of positive treatment outcomes at the Mapleton Program.* (Poster presented at National Quality Improvement Conference, Devereux Foundation, Villanova, Pennsylvania.)
2. Steele, S., Abraham, P., Miller, J., and **Bernstein, A.** (1999). *Brandywine adolescents' perceptions of treatment progress at discharge.* (Poster presented at National Quality Improvement Conference, Devereux Foundation, Villanova, Pennsylvania.)
1. **Bernstein, A.** (1996). *Psychopaths' spoken narrative coherence and cohesion and its relation to their aberrant information processing.* (Paper presented at Sophomore Research Apprenticeship Conference, University Wisconsin-Madison.)

#### **INVITED TALKS AND COLLOQUIA**

8. Bernstein, A. (2008). *Translational Research on the Origins and Maintenance of Anxiety Psychopathology.* (Invited colloquium at Ben Gurion University of the Negev, Department of Psychology, Beer-Sheva, Israel)
7. Bernstein, A. (2008). *Translational Research on the Origins and Maintenance of Anxiety Psychopathology.* (Invited colloquium at the University of Haifa, Department of Psychology, Haifa, Israel.)
6. Bernstein, A. (2008). *Translational Research on the Origins and Maintenance of Anxiety Psychopathology.* (Invited colloquium at the University of Colorado-Boulder, Department of Psychology, Boulder, Colorado.)
5. Bernstein, A. (2008). *Translational Research on the Origins and Maintenance of Anxiety Psychopathology.* (Invited colloquium at Johns Hopkins School of Public Health, Department of Mental Health, Baltimore, Maryland)
4. Bernstein, A. (2008). *Translational Research on the Origins and Maintenance of Anxiety Psychopathology.* (Invited colloquium at Ryerson University, Department of Psychology, Toronto, Canada)
3. Bernstein, A. (2007). *Distress Tolerance and Smoking Deprivation: Is Distress Tolerance a State or Trait?* (Invited colloquium at the Center for Health Care Evaluation Seminar Series, Palo Alto, California.)
2. Bernstein, A. (2007). *Panic Treatment for Veterans with PTSD.* (Invited colloquium at The Men's & Women's Trauma Recovery Programs, Palo Alto Health Care System, Palo Alto, California.)
1. Zvolensky, M. J., & Bernstein, A. (2005). *Tobacco use and panic disorder.* (Invited talk at the National Institute of Mental Health Workgroup on Tobacco Use and Psychiatric Disorders, National Institutes of Health, Bethesda, Maryland.)

#### **TEACHING**

##### **Representative Course Evaluation Data**

Abnormal Psychology Seminar, Summer 2005 ( $n = 8$ )  
Rating Scale: 1 = excellent to 5 = very poor  
Overall course score: 1.63  
Overall instructor score: 1.0

##### **Lecturer**

##### **Behavior Disorders of Childhood**

Department of Psychology, University of Vermont.

Design and teach undergraduate seminar on child abnormal psychology from a developmental psychopathology perspective. July - August 2004

**Abnormal Psychology**

Department of Psychology, University of Vermont

Design and teach undergraduate seminar on psychopathology across the life-span from a clinical science perspective. May - June 2005

**Clinical Research Seminar (Independent Research)**

Department of Psychology, University of Vermont

Co-design and co-teach didactic and practicum seminar for undergraduate students focused on advanced concepts and methods of clinical science. September - December 2005, January 2006 - May 2006.

**Seminar: Introduction to Adult Cognitive Behavior Therapy**

Department of Psychology, University of Haifa

Design and teach didactic and practicum seminar for MA clinical psychology students. 2008-2009.

**Introduction to Child/Adolescent Cognitive Behavior Therapy**

Department of Psychology, University of Haifa

Design and teach didactic and practicum seminar for MA educational/clinical psychology students. 2008-2009.

**Research on Emotional Vulnerability, Anxiety, and Substance Use**

Department of Psychology, University of Haifa

Design and teach research seminar for MA clinical psychology students. 2008-2009

**Graduate Teaching Fellow**

**Assessment of Childhood Behavioral and Emotional Disorders**

Center on Disability and Community Inclusion, University of Vermont

Co-design and co-teach graduate students from an inter-disciplinary perspective. September - December, 2003

**School-Based Interventions for Childhood Behavioral and Emotional Disorders**

Center on Disability and Community Inclusion, University of Vermont

Co-design and co-teach graduate students from an inter-disciplinary professional perspective. January, 2003 - June, 2004

**Practicum for Behavior Specialists**

Center on Disability and Community Inclusion, University of Vermont

Provide clinical consultation to behavior specialists working with children/adolescents with emotional and behavioral disorders in Vermont schools. September, 2003 - June, 2004

**Adult Psychological Assessment**

Department of Psychology, University of Vermont

Co-facilitate didactic and clinical practicum training of doctoral students enrolled in clinical psychology program. September - December, 2004.

**Adult Psychological Intervention**

Department of Psychology, University of Vermont

Co-facilitate didactic and clinical practicum training of doctoral students enrolled in clinical psychology program. September - December, 2004.

**Child Psychological Assessment**

Department of Psychology, University of Vermont

Co-facilitate didactic and clinical practicum training of doctoral students enrolled in clinical psychology program. January - June, 2005

### **Research Supervision**

#### **Anxiety and Health Research Laboratory**

Department of Psychology, University of Vermont

Co-supervise and co-mentor undergraduate and first-year graduate students in experimental psychopathology laboratory. 2004 - 2006.

### **CLINICAL EXPERIENCE**

**Clinical Psychology Intern**, Veterans Affairs Palo Alto Health Care System - Women's Trauma Recovery Program, Men's PTSD Program, Geropsychiatric Nursing Home, Health Services Research & Development Center for Health Care Evaluation, 2006-2007

**Clinical Research Fellow**, University of Vermont, Anxiety and Health Research Laboratory, 2004-2006

**Clinical Psychology Fellow**, University of Vermont, Behavior Therapy and Psychotherapy Center, 2003-2006

**Practicum Counselor**, Student Counseling Center, University of Vermont, 2002

**Professional Psychology Trainee**, Devereux Beneto Center, Mapleton Program, Malvern, PA, 1998-1999

### **PROFESSIONAL & DEPARTMENTAL SERVICE ACTIVITIES**

**QUERI SUD-PTSD Comorbidity Workgroup**, Veterans Affairs, 2006-present

**Research and Development Subcommittee on Mental Health and Behavioral Science**, Veterans Affairs Palo Alto Health Care System, 2006-2007.

**Assistant Chair, First Bi-Annual Jay Peak Conference on Anxiety Prevention**, University of Vermont and Florida State University, January, 2006.

**Curriculum Redevelopment Task-Force Committee Member**, Department of Psychology, University of Vermont, 2002-2003.

**Search Committee Member, Clinical Child Faculty**, Department of Psychology, University of Vermont, 2002-2003.

### **CONSULTING**

**Research Consultant**, Dismas House, Burlington, VT, September 2003 – April 2004. Designed assessment protocol to evaluate efficacy of a post-incarceration community rehabilitation program.

**Research Consultant**, Devereux Early Childhood Assessment and Initiative, Villanova, PA, April, 2001 - July, 2001. Reviewed adult resilience literature to inform design of Head Start family literacy, adult and parent education, and early childhood prevention programming.

### **REFERENCES**

Available upon request.